

**FOOT**

**BT** LEG  
**NT** ANKLE  
HEEL  
TOE  
**RT** KNEE  
SHIN  
THIGH

**HAND**

**BT** ARM  
**NT** FINGER  
WRIST  
**RT** ELBOW

**KNEE**

**SN** Hinge joint in the middle of the leg,  
between the shin and the thigh  
**BT** LEG  
**NT** KNEECAP  
PATELLA  
**RT** FOOT  
JOINT  
SHIN  
THIGH

**THORAX**

**UF** CHEST  
**BT** TORSO  
**NT** RIB CAGE  
**RT** ABDOMEN